

# October

2019

September						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
		AM Snack- Banana Slices and juice PM Snack- Animal Crackers		AM Snack- Veggie Straws and juice PM Snack- Vanilla Wafers		
6	7	8	9	10	11	12
		AM Snack- Apple Slices and juice PM Snack- Mini Marshmallows		AM Snack- Fruit Loops and juice PM Snack- Graham Crackers		
13	14	15	16	17	18	19
		AM Snack- String Cheese and juice. PM Snack- Cheese Balls		AM Snack- Grape slices and juice. PM Snack- Goldfish		
20	21	22	23	24	25	26
		AM Snack- Muffin and juice PM Snack- Pretzels		AM Snack- Mandarin Oranges and juice. PM Snack- Cookie		
27	28	29	30	31	1	2
		AM Snack- Banana Slices and juice PM Snack- Animal Crackers		AM Snack- Veggie Straws and juice PM Snack- Vanilla Wafers		
3	4	5	6	7	8	9

\*\*\* All afternoon snacks are served with water.

